

## Roseland School of Dance Mt Sinai Summer 2024

**\$75\* for 6 Weeks! July 9<sup>th</sup> - August 15<sup>th</sup>**

\*Cash Discount Price. (Credit Card Price is \$77.63)

1 Yr Olds	<b>Dance With Me</b> - Our youngest students will dance, jump, and move to music with help from their favorite adult. Lots of fun with props and music they know and love.	Tues 9:30-10 am
2 Yr Olds	<b>Sing and Dance</b> - Parents are encouraged to let their child be on their own. The student will experience fun and expressive movements that will increase their rhythm and coordination to music. (Please wear comfortable clothing.)	Tues 10-10:30 am Tues 4:45-5:15 pm Wed 9:30-10 am Wed 4:30-5 pm
3 Yr Olds	<b>Pre Dance 1</b> - Emphasis on developing coordination, rhythm, self- confidence and fundamental dance skills. Basics in ballet and tap are taught. (Please wear a bodysuit of any color. Tap and ballet shoes are used but not required for summer classes.)	Tues 10:30-11:15 am Wed 9:30-10:15 am Wed 5-5:45 pm
4 Yr Olds	<b>Pre Dance 2</b> - Basic steps and dance vocabulary in Tap and Ballet are taught. We begin working on important skills such as skipping, marching, jumping, hopping and balancing. (Please wear a bodysuit of any color. Tap and ballet shoes are used but not required for summer classes.)	Tues 9:30-10:15 pm Tues 5-5:45 pm Wed 11-11:45 am
3 & 4 Yr Olds	<b>Tiny Tumble</b> – Students will learn to stretch, jump, and roll in this class designed to develop strength and flexibility through basic tumbling skills. (Please wear comfortable, fitted clothing. No shoes necessary.)	Tues 4:15-5 pm Wed 10:15-11am
5 - 7 Yr Olds	<b>Dance</b> – Tap & Ballet - This class develops young dancer’s flexibility, posture, strength, confidence, and rhythm through basics in Tap & Ballet.  <b>Jam</b> – Hip Hop & Basic Tumble - Fun, energetic Hip Hop movements are taught to upbeat music. Basic tumbling skills are taught to promote flexibility and coordination.  <b>Cheer Dance</b> – Provides a foundation in Tumbling, Jumps, Stunts and Pom Dances. Students focus on building strength, trust and teamwork.	<u>DANCE</u> Tues 10:15-11 am Wed 5:45-6:30 pm  <u>JAM</u> Tues 11-11:45 am Tues 6:45-7:30 pm Wed 6:30-7:15 pm  <u>CHEER DANCE</u> Tues 6-6:45 pm Wed 10:45-11:30 am
5 – 8 Yr Olds	<b>Beginner Tumble-</b> Stretch, strengthen and balance in this class. Learn basic tumble skills such as forward rolls, handstands, cartwheels, and backbends while building strength and improving flexibility.	Tues 5:15-6 pm Wed 10-10:45 am
Ages 8 - 12	~ <b>Design Your Own Camp ~ WEDNESDAY ~</b> <b>Tap</b> - Learn timing, rhythm, and intro steps. Tap shoes are not required. (5:00-5:45 pm) <b>Jazz</b> - Stretch, kick, and learn technique. (5:45-6:30 pm) <b>Ballet/Lyrical</b> - Ballet to tone and strengthen the body and a Lyrical routine to teach expression through movement. (6:30-7:15 pm) <b>Hip Hop</b> - This energetic class is set to popular, upbeat music. (7:15-8 pm)	<b>One Class \$75* (\$77.63)</b> <b>Two Class \$140* (\$144.90)</b> <b>Three Class \$210* (\$217.35)</b> <b>All 4 Classes \$275*</b> (Credit Card \$284.63)
Ages 11 & up	~ <b>Experienced Dance Camp ~ TUESDAY ~</b> <b>Technique</b> - Learn proper technique for skills in Jazz & Ballet. Focus on kicks, turns, leaps and jumps. (5:45-6:45 pm) <b>Choreography</b> - Learn fun combinations in different styles such as Musical Theater, Lyrical, Jazz & more. (6:45-7:30 pm)	<b>One Class \$75* (\$77.63)</b> <b>Two Class \$140* (\$144.90)</b>
<b><u>Dance &amp; Play Camp</u></b> <b>Ages 3-5 Years Old</b> 1.5 Hours of Fun with a Special Theme Each Week Crafts, Dancing, Games, Stories, Snacks & More!  <b>10-11:30 AM</b> Tuesday 8/20 <i>Party Animal Day</i> Wednesday 8/21 <i>Enchanted Fairytale Day</i> Thursday 8/22 <i>Trolls Dance Party Day</i>		<b>August 20th - 22nd</b> <b>10-11:30 AM</b>  <b>One Day \$30* (\$31.05)</b> <b>Two Days \$55* (\$56.93)</b> <b>Three Days \$80* (\$82.80)</b>