## Roseland Dance, Oakdale 2024-2025 Season

Age	Class	Day/ Time
1 Yr old *\$55 (\$56.93)	<b>Dance With Me</b> – Our youngest students will dance, jump and move to music with the help from their favorite adult. Lots of fun with props and great music	Wed 9:45-10:15
2 Yr old *\$55 (\$56.93)	<b>Sing and Dance Along</b> -Parents are encouraged to let their child be on their own. The student will experience fun and expressive moments that will increase their rhythm and coordination. (please wear comfortable clothing)	Mon 4:30-5:00Thurs 9:30-10Wed 10:15-10:45Sat 9:45-10:15
2.5 Yr old *\$55 (\$56.93)	<b>Toddler Dance -</b> This class is perfect for students who enjoyed our Sing and Dance Class and need more time before PD1. We will stretch, dance, and introduce the skill structure needed for PreDance.	Thurs 10:45-11:15
3 Yr Old *\$65 (\$67.28)	<b>Pre Dance1</b> - Emphasis is on developing coordination, rhythm, flexibility, self confidence and fundamental dance skills. Basics in ballet, tap are taught. (Please wear a bodysuit and tights, any color. Tan Tap and pink ballet shoes.	Mon 5:00-5:45 Thurs 4:15-5:00 Wed 10:45-11:30 Sat 10:15-11:00 Thur 10:00-10:45
4 Yr Old *\$65 (\$67.28)	<b>Pre Dance 2</b> - Basic steps and dance vocabulary in Tap and Ballet are taught. We also begin working on important skills such as how to skip, march, jump, hop and balance. Many of these skills are tested in kindergarten screening. Please wear any color bodysuit . Tan Tap and pink ballet shoes	Tues 4:30-5:30       Fri 4:15-5:15         Wed 5:30-6:30       Sat 9:00-10:00         Thurs 4:15-5:15
3 &4 Yr Old *\$65 (\$67.28)	<b>Tiny Tumblers</b> - Students will learn to stretch, jump, and roll in this class. Designed to develop strength and flexibility through basic tumbling skills. (Please wear fitted comfortable clothes. No shoes required) *ADD on Tiny Tumble to Pre Dance at a discounted Rate	Tues 4:30-5:15
<b>5-7 Years Old:</b> We offer a variety of classes for your dancer including our Dance Jam program, Cheer, and Tumble. Dance & Jam are two separate classes. DANCE class is always recommended first. This class will develop a young dancer's skill, while our JAM, CHEER, and TUMBLE classes provide a great space for the child that wants to do some flips, funky moves, or cheer with poms while building strength, trust and teamwork.		
5 Year Old *\$70 (\$72.45)	<ul> <li>Dance 1 – Teaches both ballet and tap. Helps to develop a young dancers' posture, flexibility, confidence, rhythm and timing to music.</li> <li>1. Mon 4:30-5:30 pm 3. Fri 5:30-6:30 pm</li> <li>2. Wed 4:30-5:30 pm 4. Sat 11am -12:00</li> </ul>	*ADD ON any of these classes to DANCE at a discounted rate Jam Class You will enjoy hip hop and tumbling by learning freestyle dance moves and the proper way to execute tumbling tricks. • Thurs 5:30-6:30 • Fri 6:30-7:30 • Sat 10-11 Cheer Dance - Provides a foundation in Tumbling, Jumps, Stunts and Pom Dances. Students focus on building strength, trust and teamwork. • Fri 4:30-5:15 Tumble - Stretch, Strengthen and Balance in this class. Learn tumble skills such as forward rolls, handstands, cartwheels and backbends. • Thurs 6:30-7:30
6 Year Old *\$80 (\$82.80)	Dance 2 - Teaches Tap, Ballet and Jazz. Builds on the steps and technique learned in Dance 1 and continues to increase dance knowledge and timing of steps.We will also learn basic Jazz steps1.Mon 5:45-7:00 pm3. Fri 5:15-6:302.Wed 4:15-5:30 pm4. Sat 11 am - 12:15	
7 Year old *2 styles \$100 *3 styles \$115	<b>Dance 3</b> - These classes develop a young dancer's flexibility, core strength, confidence, rhythm, knowledge of steps and timing through the basics of Ballet, Tap and Jazz.	
Special ADD Jam,Cheer or Tumble For \$60* monthly	Thursday         Saturday           Jazz 5:15- 5:45         Tap 10-10:30           Ballet 5:45- 6:30         Ballet 10:30-11:15           Tap 6:30- 7:15         Jazz 11:15-12:00	
7-8 Year old *\$70 (\$72.45)	<b>Dance Mix -</b> This class introduces dancers to two of today's most populyrical and Hip Hop. Thurs 5:00-6:00 pm	lar styles of dance.
We offer a variety of classes for dancers ages 8 and up including Ballet, Jazz, Tap, Lyrical, Hip Hop and Tumble. Contact us for more information. Call (631) 244-4500 or Email oakdale@roselanddance.com		