Roseland Dance, Oakdale 2024-2025 Season

 hce With Me – Our youngest students will dance, jump and the to music with the help from their favorite adult. Lots of fun props and great music g and Dance Along -Parents are encouraged to let their child on their own. The student will experience fun and expressive nents that will increase their rhythm and coordination. (please r comfortable clothing) Iler Dance - This class is perfect for students who enjoyed ing and Dance Class and need more time before PD1. We will h, dance, and introduce the skill structure needed for ance. Dance 1- Emphasis is on developing coordination, rhythm, liity, self confidence and fundamental dance skills. Basics in , tap are taught. (Please wear a bodysuit and tights, any color. ap and pink ballet shoes. Dance 2- Basic steps and dance vocabulary in Tap and Ballet nught. We also begin working on important skills such as how to march, jump, hop and balance. Many of these skills are tested dergarten screening. Please wear any color bodysuit . Tan Tap ink ballet shoes Tumblers - Students will learn to stretch, jump, and roll in lass. Designed to develop strength and flexibility through tumbling skills. (Please wear fitted comfortable clothes. loos required) *ADD on Tiny Tumble to Pre Dance at a discounted Rate 	Wed 9:45-10:15 Mon 4:30-5:00 Thurs 9:30-10 Wed 10:15-10:45 Sat 9:45-10:15 Thurs 10:45-11:15 Thurs 10:45-11:15 Mon 5:00-5:45 Thurs 4:15-5:00 Wed 10:45-11:30 Thurs 5:00-5:45 Thur 10:00-10:45 Sat 10:15-11:00 Tues 4:30-5:30 Wed 5:30-6:30 Wed 5:30-6:30 Sat 9:00-10:00 Thurs 4:15-5:15 Tues 4:30-5:15 Wed 11:30-12:15 Tues 4:30-5:15
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 ways recommended first. This class will develop a young dancer's skill, wh that wants to do some flips, funky moves, or cheer with poms while build ce 1 – Teaches both ballet and tap. Helps to develop a g dancers' posture, flexibility, confidence, rhythm and timing to 2. Mon 4:30-5:30 pm 3. Fri 5:30-6:30 pm 4. Sat 11am -12:00 	
ce 2 - Teaches Tap, Ballet and Jazz. Builds on the steps and ique learned in Dance 1 and continues to increase dance ledge and timing of steps.We will also learn basic Jazz steps . Mon 5:45-7:00 pm 3. Fri 5:15-6:30 . Wed 4:15-5:30 pm 4. Sat 11 am - 12:15	 tumbling tricks. Thurs 5:30-6:30 Fri 6:30-7:30 Sat 10-11 Cheer Dance - Provides a foundation in Tumbling, Jumps, Stunts and Pom Dances. Students focus on building strength, trust and teamwork. Fri 4:30-5:15 Tumble - Stretch, Strengthen and Balance in this class. Learn tumble skills such as forward rolls, handstands, cartwheels and backbends. Please call studio for time
Ce 3 - These classes develop a young dancer's flexibility, core gth, confidence, rhythm, knowledge of steps and timing gh the basics of Ballet, Tap and Jazz.sdaySaturdayazz 5:15- 5:45Tap 10-10:30Ballet 5:45- 6:30Ballet 10:30-11:15ap 6:30- 7:15Jazz 11:15-12:00	
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