

ROSELAND DANCE STONY BROOK-SUMMER CLASSES 2025

July 14-Aug 19

1 Year Olds	<u>Dance With Me</u> – Our youngest dancers enjoy engaging in play and basic dance steps with their favorite adult to help them along. Lots of fun with props and great music!	Monday 10:30-11:00 Tuesday 11:00-11:30
2 Year Olds	<u>Sing and Dance</u> – Our toddlers have a great time learning basic dance skills along with fun moves all while making new friends and listening to their favorite songs. We encourage our dancers to enjoy this class independent from parents. (Wear comfortable clothing & shoes)	Monday 10:00-10:30 Monday 4:45-5:15 Tuesday 10:30-11:00 Tuesday 11:30-12:00
3 year olds	<u>Pre-Dance 1</u> – Pre-schoolers will love our fun methods that enhance coordination & motor skills. We introduce Tap, Ballet & creative movement. <u>Tiny Tumblers</u> – Introduction to basic tumbling. Builds strength, flexibility and coordination. Great Fun for Pre-Schoolers!	Monday 11:00-11:45 Monday 5:00-5:45 Tuesday 10:00-10:45 Tuesday 11:30-12:15 TT: Tuesday 10:45-11:30
4 year olds	<u>Pre-Dance 2</u> - Our Pre-K dancers are ready to learn Tap, Ballet and dance vocabulary. We begin working on important skills - skip, hop, jump, march & balance which are part of the kindergarten screening. <u>Tiny Tumblers</u> – Introduction to basic tumbling. Builds strength, flexibility and coordination. Great Fun for Pre-Schoolers!	Monday 9:30-10:15 Tuesday 11:30-12:15 Tuesday 5:15-6:00 TT: Tuesday 10:45-11:30
5-7 year olds	<u>Dance - Tap & Ballet</u> - This class develops a young dancer’s flexibility, core strength, confidence, rhythm and timing through basics in tap & ballet. <u>Jam - Hip Hop & Tumbling</u> - You will enjoy this class where you learn freestyle dance moves & tumbling tricks <u>Cheer Dance</u> - Show your spirit while learning Tumbling, Jumps, Stunts and Pom Dances. Builds strength, trust and teamwork.	Monday: Dance: 10:15-11:00 Cheer: 11:00-11:45 Dance: 5:15-6:00 Jam: 6:00-6:45 Tuesday: Jam: 4:45-5:30 Dance: 5:30-6:15 Cheer: 6:15-7:00
8 and Up	<u>Technique Class</u> - Focus on movement foundation, execution and skill. Emphasis on Body mechanics, control, balance and coordination.	Tuesday: 7:00-8:00
8-12 year olds	<u>Design Your Own Camp MONDAYS</u> 5:45-6:15 - Hip Hop – Fun, Funky Hip Hop Dance to great music 6:15-6:45 –Ballet/Lyrical – Basic Ballet to tone and strengthen the body with Lyrical moves for expression 6:45-7:15 – Broadway Jazz -Learn fun exciting performance jazz dances	Monday “ <u>Summer Special</u> ” <u>\$50.00 Each</u> Or ALL 3 CLASSES – WOW! Only \$125.00
13 and Up	<u>Lyrical/Hip Hop</u> – Great class for Teens looking to start or keep up with their dance classes. Bring your friends and have fun this summer !!	Tuesday 6:00-7:00
	SUMMER REGISTRATION FORM DATE: _____ How Did You Hear About Roseland? Referral Google Facebook Instagram Passing By Parent _____ Student _____ Birthdate _____ Email _____ Cell# _____ Address _____ City _____ Zip _____	Class: _____ Day _____ Time _____ Class: _____ Day _____ Time _____ Class: _____ Day _____ Time _____ Class: _____ Day _____ Time _____

