

# **Roseland School of Dance Mt Sinai Summer 2026**

**\$75\* for 6 Weeks! July 7<sup>th</sup> - August 12<sup>th</sup>**

\*Cash Discount Price. (Credit Card Price is \$77.63)

1 Yr Olds	<b>Dance With Me</b> - Our youngest students will dance, jump, and move to music with help from their favorite adult. Lots of fun with props and music they know and love.	Wed 9:45-10:15 AM
2 Yr Olds	<b>Sing and Dance</b> - Parents are encouraged to let their child be on their own. The student will experience fun and expressive movements that will increase their rhythm and coordination to music. (Please wear comfortable clothing.)	Tues 9:30-10 AM Tues 5-5:30 PM Wed 9:15-9:45 AM Wed 4:30-5 PM
3 Yr Olds	<b>Pre Dance 1</b> - Emphasis on developing coordination, rhythm, self- confidence and fundamental dance skills. Basics in ballet and tap are taught. (Please wear a bodysuit of any color. Tap and ballet shoes are used but not required for summer classes.)	Tues 9:15-10 AM Wed 9:45-10:30 AM Wed 5-5:45 PM
4 Yr Olds	<b>Pre Dance 2</b> - Basic steps and dance vocabulary in Tap and Ballet are taught. We begin working on important skills such as skipping, marching, jumping, hopping and balancing. (Please wear a bodysuit of any color. Tap and ballet shoes are used but not required for summer classes.)	Tues 10:45-11:30 AM Tues 5:15-6:00 PM Wed 10:30-11:15 AM
3 & 4 Yr Olds	<b>Tiny Tumble</b> – Students will learn to stretch, jump, and roll in this class designed to develop strength and flexibility through basic tumbling skills. (Please wear comfortable, fitted clothing. No shoes necessary.)	Tues 10-10:45 AM Tues 4:30-5:15 PM
5 - 7 Yr Olds	<b>Dance</b> – Tap & Ballet - This class develops young dancer’s flexibility, posture, strength, confidence, and rhythm through basics in Tap & Ballet.  <b>Jam</b> – Hip Hop & Basic Tumble - Fun, energetic Hip Hop movements are taught to upbeat music. Basic tumbling skills are taught to promote flexibility and coordination.  <b>Cheer Dance</b> – Provides a foundation in Tumbling, Jumps, Stunts and Pom Dances. Students focus on building strength, trust and teamwork.	<u>DANCE</u> Wed 5:45-6:30 PM  <u>JAM</u> Wed 10:15-11 AM Wed 6:30-7:15 PM  <u>CHEER DANCE</u> Tues 6:15-7 pm
5 – 8 Yr Olds	<b>Tumble 1-</b> Stretch, strengthen and balance in this class. Learn basic tumble skills such as forward rolls, handstands, cartwheels, and backbends while building strength and improving flexibility.	Tues 5:30-6:15 PM Wed 11-11:45 AM
Ages 8 - 12	<b>Ballet/Lyrical</b> - Learn ballet to strengthen the body while connecting expressive movement to music in Lyrical dance.  <b>Hip Hop/Jazz</b> - This class combines the technique and upbeat style of Jazz with the fun, dynamic moves of Hip Hop. Work on rhythm, coordination and performance.	<u>Ballet/Lyrical</u> Tues 6-6:45 PM  <u>Hip Hop/Jazz</u> Tues 6:45-7:30 PM
Ages 11 & up	<b>Experienced Dance</b> - For dancers looking to improve on skills in Jazz & Ballet. Focus on kicks, turns, leaps and jumps.	<u>Age 11-13 Years Old</u> Wed 5:45-6:45 PM  <u>Age 14 Years Old &amp; Up</u> Wed 6:45-7:45 PM

## **Dance & Play Camp**

**Ages 3-7 Years Old**

1.5 Hours of Fun with a Special Theme Each Week

Crafts, Dancing, Games, Stories & More!

Tuesday 8/18 *K Pop Demon Hunter Dance Party*

Wednesday 8/19 *Olaf's Summer Beach Party*

Thursday 8/20 *Royal Princess Ball*

**August 18th - 20th**

**10-11:30 AM**

**One Day \$30\* (\$31.05)**

**Two Days \$55\* (\$56.93)**

**Three Days \$80\* (\$82.80)**