Roseland School of Dance, Stony Brook 2026/2027 Dance Year

1 Year Olds	***DANCE WITH ME*** – Our youngest dancers enjoy engaging in play and basic dance steps with their favorite adult to help them along. Make new friends while having the most fun!	1. Tuesday 10:30-11:00 2. Saturday 9:30-10:00
2 Year Olds	***SING & DANCE***– Our toddler dancers have a great time in this creative movement class while dancing, playing, singing and listening to their favorite songs. We encourage our dancers to enjoy this class independent from parents.	1. Tuesday 10:00-10:30 2. Wednesday 10:00-10:30 3. Saturday 9:00-9:30 4. Saturday 10:00-10:30
3 Year Olds	***PRE-DANCE 1***– Tiny dancers will love exploring the joy of movement in this engaging preschool class! Through Tap, Ballet, and creative movement, children develop coordination, balance, motor skills, confidence, and a lifelong love of dance—all while having tons of fun! ***TINY TUMBLERS*** – Introduction to basic tumbling. Builds strength, flexibility and coordination. (***SPECIAL ADD ON-Discounted Rate when Added to A Dance Class)**	1. Tuesday 4:45-5:30 2. Wednesday 10:30-11:15 3. Friday 4:45-5:30 4. Saturday 10:00-10:45 5. Saturday 10:30-11:15 **Tiny Tumble** Friday 5:30-6:15
4 Year Olds	***PRE-DANCE 2-*** Our Pre-K program combines the excitement of Tap and Ballet with dance instruction that encourages confidence, creativity, and a love of movement. Students learn basic dance vocabulary while developing important Kindergarten readiness skills, including skipping, hopping, jumping, balancing and coordination. ***TINY TUMBLERS*** – Introduction to basic tumbling. Builds strength, flexibility and coordination. (***SPECIAL ADD ON-Discounted Rate when Added to A Dance Class)**	1. Monday 4:30-5:30 2. Wednesday 4:30-5:30 3. Friday 4:30-5:30 4. Saturday 9:00-10:00 **Tiny Tumble** Friday 5:30-6:15
5 Year Olds	***KINDER DANCE - (Ballet & Tap)-*** Our KINDERGARTEN dancers are ready to take the next step with Tap and Ballet! In this fun and encouraging class students will build strength, improve posture, and develop rhythm, timing, and coordination while growing in confidence and a love of dance. ***JAM (Hip Hop & Tumbling)***- Learn freestyle dance moves and proper ways to execute tumbling tricks. (***SPECIAL ADD ON-Discounted Rate when Added to A Dance Class)** ***CHEER DANCE*** - Foundation in Tumbling, Jumps, Stunts & Pom Dances. Build strength, trust and teamwork. (***SPECIAL ADD ON-Discounted Rate when Added to A Dance Class)**	**KINDER DANCE** 1. Tuesday 5:30-6:30 2. Thursday 5:00-6:00 3. Saturday 11:15-12:15 **JAM** 1. Monday 6:00-6:45 2. Thursday 6:00-6:45 3. Friday 6:15-7:00 **CHEER** Wednesday 4:45-5:30
6 Year Olds	***JUNIOR DANCE 1 - (Ballet & Tap)-*** Our First Level Junior Dancers are building a strong foundation in Tap, Ballet, and introductory Jazz. They will grow in confidence, coordination, and creativity. TWO exciting recital performances showcasing their Tap and Ballet routines! ***JAM (Hip Hop & Tumbling)***- Learn freestyle dance moves and proper ways to execute tumbling tricks. (***SPECIAL ADD ON-Discounted Rate when Added to A Dance Class)** ***CHEER DANCE*** - Foundation in Tumbling, Jumps, Stunts & Pom Dances. Build strength, trust and teamwork. (***SPECIAL ADD ON-Discounted Rate when Added to A Dance Class)**	**JUNIOR DANCE 1** 1. Monday 4:45-6:00 2. Wednesday 5:30-6:45 2. Saturday 10:45-12:00 **JAM** 1. Monday 6:00-6:45 2. Thursday 6:00-6:45 3. Friday 6:15-7:00 **CHEER** Wednesday 4:45-5:30
Ages 7 & UP	***JUNIOR DANCE 2 (Ballet, Tap, Jazz)*** - These Level 2 Junior classes develop a young dancer's flexibility, core strength, confidence, rhythm, knowledge of steps and timing through Ballet, Tap & Jazz. Perform all THREE styles in the Recital! ***BEG LYRICAL/HIP HOP- (Ballet is required to take Beg/Lyrical Hip Hop)*** -Introduction to Lyrical's expressive style and fun Hip Hop dance moves. BOTH styles performed in Recital! ***CHEER DANCE*** Foundation in Tumbling, Jumps, Stunts & Pom Dances. Build strength, trust and teamwork. (***SPECIAL ADD ON-Discounted Rate when Added to A Dance Class)** ***TUMBLING*** - Develop strength & flexibility through acrobatic skills	**JUNIOR DANCE 2** Thursday 4:45-6:45 **BEG LYRICAL/HIP HOP** Friday 5:30-6:30 **CHEER** Wednesday 4:45-5:30 **TUMBLING** Friday 6:30-7:30
Ages 8 & UP *INTRO CLASSES*	***DANCE MIX CLASS -(Lyrical/Hip Hop with Introduction to Ballet & Jazz)*** *ONE YEAR INTRODUCTORY CLASS* for dancers to try popular styles of dance. Recital Performance for Each Style! ***TUMBLING*** - Develop strength & flexibility through acrobatic skills	**DANCE MIX** Wednesday 7:45-8:45 **TUMBLING** Friday 6:30-7:30
Ages 8 & UP **With Experience**	***Roseland Offers Ballet-Jazz-Tap-Hip Hop-Lyrical-Tumbling*** CONTACT ROSELAND FOR MORE CLASS SCHEDULES 631-675-6343 Roselandstonybrook@gmail.com	**We Follow the Three Village School District Age Requirements** ***Dec 1 - Nov 30***